

# FIXTURES FOR THE WEEKEND OF SATURDAY 27<sup>th</sup> AUGUST 2016

# **GPS DEBATING – Friday night**

Competition	Round	Opposition	Location
GPS 6		Kings	Away

### **ATHLETICS TRAINING**

### ST PATRICK'S & ST PIUS' INVITATION ATHLETICS CARNIVAL AT SOPAC

	TRACK EVENTS			FIELD EVENT	rs
Start Time:	Event:	Age group:	Start Time:	Event:	Age group:
8.00am	3000m	Opens			
8.30am	HURDLES	13s - Opens	8.30am	SHOT	Opens
			9.00am	LONG JUMP	Opens 17 years
				HIGH JUMP	13 & 14 years
9.10am	200m	13s - Opens			
			10.00am	SHOT	16 & 17 years
				LONG JUMP	13 & 14 years
10.10am	800m	13s - Opens			
			10.45am	HIGH JUMP	15 & 16 years
11.00am	100m	13s - Opens			
			11.30am	SHOT	14 & 15 years
			12.00pm	LONG JUMP	15 & 16 years
12.15am	400m	13s - Opens			
			12.30pm	HIGH JUMP	Opens 17 years
			1.00pm	SHOT	13 years
1.15pm	1500m	13s - Opens			
2.10pm	4 x 100m relays	13s - Opens			

# **BASKETBALL INTERNALS/TRAINING**

Team	Venue	Time
Under 16s	Gym & Outdoor Courts 1 - 4	8.00am – 9.00am
Under 14s	Gym & Outdoor Courts 1 - 4	9.00am – 10.00am
Under 15s	Gym & Outdoor Courts 1 - 4	10.00am – 11.00am
Opens 1 - 4 Trials	Gym	11.00am – 1.00pm
Other Opens Trials	Outdoor Courts 1 - 4	11.00am – 12.30pm

# **CRICKET -INTERNALS/TRAINING**

Team	Venue	Time
Squad A	No 6	8.15am – 4.30pm (50 Over Match)
Squad B	College A	8.15am – 1.00pm
<b>16s</b>	Lower Park Nets	9.00am – 11.30am
15s	College B	9.00am – 11.30am
14s	College E	9.00am – 11.30am

# **ROWING TRAINING**

Crews	Venue	Time
Senior: 1 <sup>st</sup> & 2 <sup>nd</sup> VIII	<b>Boat Shed</b>	6.00am – 11.30am
Senior: IVs/3 <sup>rd</sup> VIII	<b>Boat Shed</b>	6.15am - 11.30am
Year 10 VIIIs (Yr 9)	<b>Boat Shed</b>	6.30am - 11.30am
Year 9s Quads (Yr 8)	Rowing Shed	7.00am – 11.00am
Year 8 Quads (Yr 7)	Rowing Shed	7.30am – 11.30am

### **SURF LIFE SAVING TRAINING**

Team	Venue	Time	Bus To	<b>Bus From</b>
Training	Queenscliff	8.10am - 12.30am	8.10am	11.00am

#### **SWIMMING TRAINING**

Team	Venue	Time
Squad	Lane Cove Pool	8.00am – 10.30am

# **TENNIS – INTERNALS/TRAINING**

Team	Venue	Time
1 <sup>st</sup> & 2 <sup>nd</sup> Squad	SJC Courts 1 – 4	12.30pm – 2.30pm
3 <sup>rd</sup> & 4 <sup>th</sup> Squad	SJC Courts 5 – 8	12.30pm – 2.30pm
5 <sup>TH</sup> & 6 <sup>TH</sup> Squad	SJC Courts 5 – 8	10.30am – 12.30pm
16s Squad	SJC Courts 1 – 4	10.30am – 12.30pm
15s Squad	SJC Courts 1 – 4	8.30am – 10.30am
14s Squad	SJC Courts 5 – 8	8.30am – 10.30am

# **WATERPOLO Training**

Team	Venue	Time
Opens Squad	<b>Healy Centre</b>	9.15am – 10.15am
16s/15s/ 14s Squads	<b>Healy Centre</b>	8.30am – 9.15am

# **Transport for Saturday 27th August**

#### **Forward Journeys**

7.30am	2 buses (100) plus College Higer (41) from SJC to Homebush Athletics Stadium  Athletics
8.15am	College Rosa (21) from SJC to Queenscliff Beach <u>Surf Life Saving</u>
8.15am	1 bus from SJC to Lane Cove Aquatic Centre  Swimming

### **Return Journeys**

10.10am	1 bus from SJC to Lane Cove Aquatic Centre to SJC  Swimming
10.50am	College Rosa (21) from Queenscliff Beach to SJC <u>Surf Life Saving</u>
2.30pm	2 buses (100) plus College Higer (41) from Homebush Athletics Stadium to SJC <u>Athletics</u>

# **MEALS**

# **Early Breakfast**

### **Continental:**

5:30am - 15x Yr10/11

5:45am - 15 x Yr10/11

6:00am - 25x Yr 9

6:30am - 15x Yr 8

7:00am - 15x Yr 7

Hot:

8:30am - 47x Yr 9

## **Athletics**

7.15am 140 x Bottles of Water

140 x Cut Lunch and Water

1 box of Bananas

# **Surf Life Saving**

8.00am 22 Bottles of Water + 22 Mars Bars