

JOEYS BASKETBALL TRAINING SCHEDULE - TERM 4, 2016

WEDNESDAY							MORNING 6.30AM - 7.30AM ☐=	
	MONDAY	TUESDAY	SESSION 1	SESSION 2	THURSDAY	FRIDAY	MONDAY	TUESDAY
			2.45PM	4.00PM				
GYM	3RDS	1STS / 2NDS	15A / 15B	14A	1STS / 2NDS	15A	MONDAY	16A / 16B - GYM
COURT 1	15E / 15F	16A/14A	15C / 15D	14B / 14C	11THS / 12THS	3RDS / 4THS	TUESDAY	1STS / 2NDS - HEALY CENTRE
COURT 2	9THS / 10THS	13THS / 14THS	15E / 15F	14D / 14E / 14F	9THS / 14D	5THS / 6THS	WEDNESDAY	15A / 15B GYM
COURT 3	6THS/16E	15C/ 15D	16E/7THS	16C / 16D	14E/ 14F	10THS/15G	THURSDAY	15A GYM
COURT 4	7THS/8THS	16C / 16D	8THS/15G	13THS / 14THS	14B / 14C	11THS / 12THS	FRIDAY	1STS / 2NDS - HEALY CENTRE
Ryde Aquatic			1STS / 2NDS/3RDS					
Ryde X			16A / 16B					
North Ryde			4THS/5THS					

IN CASE OF WET WEATHER, TEAMS DUE TO TRAIN ARE TO MEET THEIR COACHES IN THE MEZZANINE (UPSTAIRS) AREA OF THE BASKETBALL GYM AT THE START OF TRAINING. BE PREPARED TO DO SOME FITNESS AND TRAINING