



### Healy Centre Sport Timetable: Summer

Day	Session	Time	Priority team / s	Comments & Coach
Monday	AM	6.15am - 7.30am	Basketball 1 <sup>st</sup> & 2 <sup>nd</sup>	Kevin O'Kane
Monday	PM (1)	15.40pm - 16.30pm	Rowing Opens 1 <sup>st</sup> & 2 <sup>nd</sup> VIII	Tom Coupland
Monday	PM (2)	16.30pm - 17.20pm	Athletic Development	Tom Coupland
Tuesday	AM	6.15am - 7.30am	OPEN	Andrew Mitchell
Tuesday	PM (1)	15.40pm - 16.30pm	Rowing GPS IVs and 3 <sup>rd</sup> VIII	Tom Coupland
Tuesday	PM (2)	16.30pm - 17.20pm	OPEN	Tom Coupland
Wednesday	AM	6.15am - 7.30am	Basketball 1 <sup>st</sup> & 2 <sup>nd</sup>	Kevin O'Kane
Wednesday	PM (1)	15.00pm - 16.00pm	Rowing year 10 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup>	Kevin O'Kane
Wednesday	PM (2)	16.00pm - 17.00pm	OPEN	Kevin O'Kane
Thursday	AM	6.15am - 7.30am	OPEN	Tom Coupland
Thursday	PM (1)	15.40pm - 16.30pm	Rowing Opens 1 <sup>st</sup> & 2 <sup>nd</sup> VIII	Andy Gilvary
Thursday	PM (2)	16.30pm - 17.20pm	Rowing GPS IVs and 3 <sup>rd</sup> VIII	Andy Gilvary
Friday	AM	6.15am - 7.00am	OPEN – Staff session 7.00am – 8.00am	Andy Gilvary
Friday	PM (1)	15.40pm - 16.30pm	Athletic Development Group	Andy Gilvary
Friday	PM (2)	16.30pm - 17.20pm	OPEN	Andy Gilvary
Saturday	ALL	AS REQUIRED	Athletics	Matt Rollo
Sunday	PM	18.30pm - 19.30pm	Athletic Development Group	Tom Coupland

1. The above timetable means that the teams listed have priority use of the Healy facility in term 2. ***If you are not part of the priority squads*** please be aware you may be asked to leave the Healy Centre if required.
2. During ***exclusive use periods***, only squad members of those teams may use the Healy Centre. Please plan to train at another time.
3. ***Please be on time***, when slots end, you will be asked to leave. Each window is 50 minutes or more.