



## TENNIS TRAINING FOR TERM 4 2016

### MORNING TRAINING

Day	Monday 6.30- 7.30am	Tuesday 6.30- 7.30am	Wednesday 6.30- 7.30am	Thursday 6.30- 7.30am	Friday 6.30- 7.30am
<b>Court 1 &amp; 2</b>	1 <sup>st</sup>	1 <sup>st</sup>	X	X	X
<b>Court 3 &amp; 4</b>	2 <sup>nd</sup>	1 <sup>st</sup> /2 <sup>nd</sup>	X	X	X
<b>Court 5 &amp; 6</b>	15A / 15B	2 <sup>nd</sup>	X	X	X
<b>Court 7 &amp; 8</b>	14A / 14B	16A / 16B	X	X	X

### AFTERNOON TRAINING

Day	Monday	Tuesday	Wednesday 1st Session	Wednesday 2nd Session	Thursday	Friday
<b>Court 1 &amp; 2</b>	16A	3 <sup>rd</sup>	3 <sup>rd</sup> / 4 <sup>th</sup>	1 <sup>st</sup>	15A	1 <sup>st</sup>
<b>Court 3 &amp; 4</b>	16B	4 <sup>th</sup>	5 <sup>th</sup> / 6 <sup>th</sup>	2 <sup>nd</sup>	15B	1 <sup>st</sup> / 2 <sup>nd</sup>
<b>Court 5 &amp; 6</b>	5 <sup>th</sup>	16C	16C / 16D	14A / 14B	15C / 15D	2 <sup>nd</sup>
<b>Court 7 &amp; 8</b>	6 <sup>th</sup>	16D	15C / 15D	14C / 14D	14C / 14D	14A / 15A
<b>Fitness Lower Park/HC</b>	1 <sup>st</sup> / 2 <sup>nd</sup> (Gym)	X	1 <sup>st</sup> / 2 <sup>nd</sup> / 16A 16B / 15A / 15B	X	X	X