

# 2017 PARENT WEBINAR PROGRAM

Parents face a myriad of challenges in raising happy and healthy children. Some of these issues have not changed over time, such as dealing with moody adolescents during puberty or helping kids be the best they can be. Others, like keeping children safe online, are new.

Through the ISDCN Parent Webinar Program, parents can access a wealth of information to help them understand and respond to the complex range of issues associated with raising children, as well as experts ready to help arm them with well-researched strategies and considered advice.

## HOW ISDCN PARENT WEBINARS WORK

Live sessions are scheduled to start at 7:45pm AESDT for the convenience of busy households.

Webinars are free and no registration is required. Parents simply click on a provided link at the advertised time. Participants will see the computer screen and video of the presenter, hear their audio and can interact by asking formal questions with the Q&A tool or have informal discussion on a chat channel. These interactions can be the most valuable part of the session.

Parents can also access recordings of previous webinars.

## ABOUT ISDCN

The ISDCN operates for all independent schools. The parent webinar program is part of a larger program of services including a National Virtual Debating Competition, professional learning webinars for staff and virtual excursions for students.

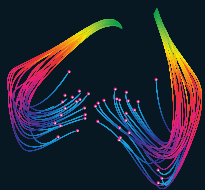
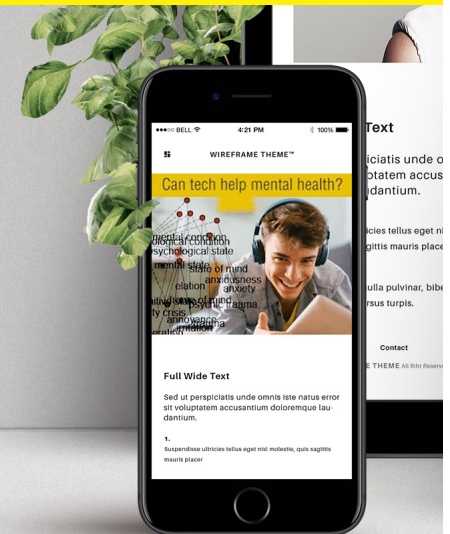
The ISDCN is a joint initiative of Independent Schools Queensland and the Association of Independent Schools (NSW) for all Australian independent schools.

[www.isdcn.edu.au](http://www.isdcn.edu.au)

School, parent organisations and associations of independent schools are encouraged to promote ISDCN's upcoming and previous webinars within their parent communities. These webinars would make great content for social media channels, or in school newsletters to help boost parent engagement.

ISDCN also welcomes input into the program. Please contact us with your ideas and feedback.

perfect for  
content sharing



ISDCN

## previous webinars

### INTERNET SAFETY FOR PARENTS – YOUR CHILDREN AND THE WEB

**Brett Lee (INESS)**

watch now

### SAFER SCHOOLIES – PARENT INFORMATION SESSION

**Safer Schoolies Initiative, Department of Communities, Child Safety and Disability Services**

watch now

### PREVENTING BULLYING TO ENHANCE CHILDREN'S AND ADOLESCENTS' BRAIN DEVELOPMENT

**Prof. Donna Cross**

watch now

### HELPING YOUR CHILD THRIVE – AT SCHOOL AND IN LIFE

**Dr. Justin Coulsen**

watch now

### TEENAGERS, ALCOHOL & OTHER DRUGS 2016 – HOW MUCH INFLUENCE DO PARENTS REALLY HAVE?

**Paul Dillon (DARTA)**

watch now

### BUILDING BODY CONFIDENT KIDS

**Sarah McMahon**

watch now

### DEVELOPING RESILIENCE IN YOUR CHILD – HELPING YOUR CHILD TO BOUNCE BACK!

**Dr. Toni Noble**

watch now

### THE IMPORTANCE OF PLAY

**Dr. Helen Street**

watch now

### SOCIAL AND LEGAL RESPONSIBILITIES ONLINE

**Brett Lee (INESS)**

watch now

## coming up

### STUDENT MENTAL HEALTH AND TECHNOLOGY

**DR. MICHAEL CARR-GREGG**

Thursday 10 August 7:45pm AESDT

How technology can help student's mental health: A case study. This presentation demonstrates how people working with young people in health education and welfare can use new and emerging technologies to help students with depression and anxiety. Using real life examples, participants will be taken through a step by step approach how to use technology in the pre-assessment phase, for smartphones, psycho-education for the young person and their family, treatment, homework and ongoing support.

This webinar is proudly funded by the Queensland Independent Schools Parents Network.

### Contact

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The Independent Schools Digital Collaboration Network (ISDCN) is an initiative of Independent Schools Queensland and the Association of Independent Schools (NSW) for all Australian independent schools.

