

**FIXTURES FOR SATURDAY 9th SEPTEMBER 2017**

**SJC INVITATION ATHLETICS CARNIVAL AT SOPAC**

|  |  |  |  |  |  |  |
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| **TRACK EVENTS** | | |  | **FIELD EVENTS** | | |
| **Start Time:** | **Event:** | **Age group:** |  | **Start Time:** | **Event:** | **Age group:** |
| **8.00am** | 3000m | Opens |  |  |  |  |
| **8.30am** | HURDLES | 13s - Opens |  | **8.30am** | SHOT | Opens |
|  |  |  |  |  |  |  |
|  |  |  |  | **9.00am** | LONG JUMP | Opens  17 years |
|  |  |  |  |  | HIGH JUMP | 13 & 14 years |
| **9.10am** | 200m | 13s - Opens |  |  |  |  |
|  |  |  |  | **10.00am** | SHOT | 16 & 17 years |
|  |  |  |  |  | LONG JUMP | 13 & 14 years |
| **10.10am** | 800m | 13s - Opens |  |  |  |  |
|  |  |  |  | **10.45am** | HIGH JUMP | 15 & 16 years |
| **11.00am** | 100m | 13s - Opens |  |  |  |  |
|  |  |  |  | **11.30am** | SHOT | 14 & 15 years |
|  |  |  |  | **12.00pm** | LONG JUMP | 15 & 16 years |
| **12.15am** | 400m | 13s - Opens |  |  |  |  |
|  |  |  |  | **12.30pm** | HIGH JUMP | Opens  17 years |
|  |  |  |  |  |  |  |
|  |  |  |  | **1.00pm** | SHOT | 13 years |
| **1.15pm** | 1500m | 13s - Opens |  |  |  |  |
|  |  |  |  |  |  |  |
| **2.10pm** | 4 x 100m relays | 13s - Opens |  |  |  |  |

**BASKETBALL INTERNALS/TRAINING**

|  |  |  |
| --- | --- | --- |
| **Team** | **Venue** | **Time** |
| **Under 14s** | **Gym & Outdoor Courts 1 - 4** | **8.00am – 9.00am** |
| **Under 15s** | **Gym & Outdoor Courts 1 - 4** | **9:00am – 10.00am** |
| **Under 16s** | **Outdoor Courts 1 - 4** | **10.00am – 11.00am** |
| **Opens 1 – 2 Trials** | **Gym** | **10.00am – 11.30am** |
| **Other Opens Trials** | **Outdoor Courts 1 - 4** | **11.00am – 12.00pm** |

**CRICKET – TRAINING**

|  |  |  |
| --- | --- | --- |
| **Team** | **Venue** | **Time** |
| **Opens Squad 1 - 2** | **No 6** | **8:30am – 3:30pm** |
| **Opens Squad 3 - 6** | **Lower Park Nets** | **8.30am – 10.30am** |
| **16s** | **Lower Park Nets** | **8.30am – 10.30am** |
| **15s** | **Lower Park Nets** | **8.30am – 10.30am** |
| **14s** | **Lower Park Nets** | **8.30am – 10.30am** |

**GOLF**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Team** | **Venue** | **Time** | **Bus To** | **Bus From** |
| **Training** | **North Ryde** | **12.30pm – 5.30pm** | **11.30am** | **5.30pm** |

**ROWING TRAINING**

|  |  |  |  |
| --- | --- | --- | --- |
| **Crews** | **Venue** | **Time** | **Breakfast** |
| **Year 10 & 11s** | **Boat Shed** | **6.00am – 11.30am** | **5.30am (Boarders) /**  **9.00am (Hot)** |
| **Year Yr 9** | **Boat Shed** | **6.30am – 11.30am** | **6.00am (Boarders) /**  **9.00am (Hot)** |
| **Year 8s Quads** | **Rowing Shed** | **7.00am – 11.00am** | **6.30am (Boarders)** |
| **Year 7s Quads** | **Rowing Shed** | **7.30am – 11.00am** | **7.00am (Boarders)** |

**SURF LIFE SAVING TRAINING**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Team** | **Venue** | **Time** | **Bus To** | **Bus From** |
| **Training** | **Queenscliff Beach** | **8.15am – 12.15pm** | **8.15am** | **11.15am** |

**SWIMMING TRAINING**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Team** | **Venue** | **Time** | **Bus To** | **Bus To** |
| **Squad** | **Lane Cove Swimming Pool** | **8.30am – 10.00am** | **8.15am** | **10.15am** |

**TENNIS INTERNALS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Team** | **Opposition** | **Venue** | **Time** |
| **Opens Squad** | **Internals** | **SJC Courts 1 – 4** | **10.00am – 12.00pm** |
| **16s Squad** | **Internals** | **SJC Courts 5 – 8** | **10.00am – 12.00pm** |
| **15s Squad** | **Internals** | **SJC Courts 1 – 4** | **8.00am – 10.00am** |
| **14s Squad** | **Internals** | **SJC Courts 5 – 8** | **8.00am – 10.00am** |

**WATERPOLO Training**

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| **Team** | **Venue** | **Time** | **Bus To** | **Bus From** |
| **Group 1** | **Lane Cove Swimming Pool** | **8.00am – 10.00am** | **8.15am** | **10.15am** |
| **Group 2** | **Healy Centre** | **9.00am – 10.00am** |  |  |
| **16s/15s & 14s** | **Healy Centre** | **10.00am – 11.00am** |  |  |