

There is a free webinar this week from The Black Dog Institute that would be useful to put in your parent newsletter if you have one going out soon. There is a webinar next week on schoolies celebrations, probably more relevant for year 12 2019 parents Tim.

Free webinar for parents from The Black Dog Institute
Navigating Your Teen's Mental Health
24 October 2018, 6.30pm-7.30pm

Delivered by a trained presenter with lived experience of mental illness, you will gain insight into what it's like to grow up as a young person with a mental illness.

You will learn:

- about anxiety, depression and bipolar disorder
- how to spot early warning signs in young people
- when and where to seek help
- how to support a young person you care about

For further information, please click on this [link](#).

Free parent webinar from Independent Schools Digital Collaboration Network (ISDCN)
Schoolies Celebrations - Advice for parents
1 November 2018 8:30- 9:30PM

This webinar is for parents and staff of year 10, 11 & 12 students. The webinar will draw together three groups integrally involved in the safe running of end of school celebrations each year across Australia and internationally to give advice to parents. See this [link](#) for further details.