Colo Bulletin

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1/6/18





High Ropes Course

The high ropes course was fun and exciting. I was scared at first but after a few encouraging words from my team (which consisted of David Talifero, Declan Hourigan, Joshua Barlow, Arvin Abediasl and Cameron Ainsworth) I completed every obstacle.

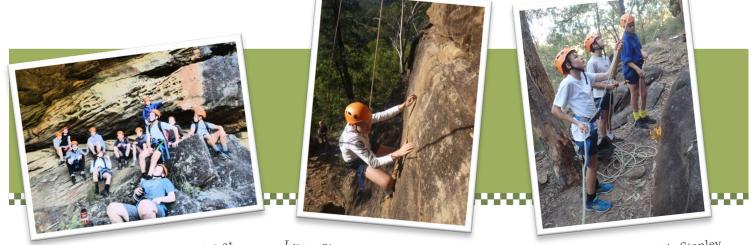
I didn't think I would complete many at all. The same support was given to other members of our team who were scared. In the end, we all pushed our comfort zones and had a great time. By Thomas Neate

'My favourite part of the camp was the 'Giant Swing' at the Ropes Course. At first I thought I wouldn't do it, and then I did it and it was great'

Top Right: Lucas Simpson, Christian Barakat, Joshua O'Keefe & Nathan Gibbons belaying at the Ropes Course

Top Left: William Martin on the 'Giant Swing'

Bottom Left: Arvin Abediasl & Cameron Ainsworth working together on the 'Giants Ladder'



Group A having morning tea at the rock climbing site

Lucas Simpson sending 'Yellow Streak'

Nathan Gibbons, Dominic Stanley & Harry Parnaby belaying at the climbing site

Rock Climbing

On Tuesday, we had the chance to go rock climbing after mountain biking. This was a great opportunity to have on the second day of camp.

We leant how to push ourselves to the limits climbing and having the responsibility of belaying each other up and down. I thought James Arthur did an excellent job to finish every climb and in a fast manner.

The 'Golden Staircase' was definitely our favourite climb.

Nathan Gibbons pushed himself to the edge by not stopping until he couldn't go any further. Dominic Stanley encouraged everyone to do

their best all the way through each climb. It was a great day and would be great to experience again.

By Harry Parnaby and Nathan Gibbons

On Wednesday, my group and I did rock climbing after a brisk bike ride up a mountain. Myself along with five others started climbing on the shorter rock faces with climbs like 'Yellow Streak' which is the most difficult. People like Rhys Downs and Samuel Taber did a great job physically reaching all the

summits and encouraging others, really fulfilling the 'Social Challenge.'

All the boys did a great belaying each other and thankfully no injuries were incurred by anyone during the day.

It was a satisfying experience reaching your limits whether you summited or not, and the view from the top was amazing.

By William Martin

'I was proud when I encouraged people to climb up the wall when they wanted to come down, and then they went the whole way up'

Cooking On Fires

For the first two nights at Colo, we were set the task of cooking on fires. In order to do so, our group took on the responsibility of collecting firewood, digging our holes, lighting the fire and preparing dinner. On the first night, we cooked the famous 'Colo Burgers' which tasted extremely delicious, but unfortunately Lucas Simpson had a bit of extra Colo seasoning aka dirt because he dropped a burger getting it off the grill.... twice.

On the second night, we cooked nachos and prepared the fire the same way we did the night before. The nachos tasted amazing and thankfully no extra Colo seasoning was added in the nachos. We had the corn chips and then added the mince with some beans, they were mouthwatering and totally worth the freezing weather.

By Lucas Simpson and Christian Barakat



James Arthur, Declan Hourigan, Rhys Downs, Samuel Taber cooking on their fire at Colo



Harry Parnaby & Dominic Stanley paddling together

Canoeing

In the morning, our first night in the cabins we woke up late with our alarm not functioning. Bacon and eggs were for breakfast which tasted great.

We found out our groups for the day and teamed up with our partner. I chose William Martin and off we went up to the top shed, gearing up with life jackets, paddles, water bottles and bags. We also loaded the brand-new canoes onto the trailer.



A stunning day canoeing on the Colo River

Once we were all done we boarded the Colo bus and started our way to the bridge where we unloaded our gear and had a quick briefing. We fitted the lifejackets and learnt how to paddle. Some boys had to carry extra gear. William and I carried the esky which had all of our packed lunches.

Then Will and I loaded our boat into the water first paddling around working out a rhythm and working together. It was such a good day for



Group A before getting on the river for their canoe journey

canoeing it felt like summer, sunny and not much wind. We headed for the 12 kilometre paddle. Once we were about half way we stopped for lunch and enjoyed the outdoors.

We then set off for the final journey, we had two boys flip their boat. We went for a race going under the bridge and to the wrong dock. Will and I won a great day.

By Joseph Anderson

Mountain Biking

The mountain biking during Colo was a challenging but rewarding experience. Overall it was an extremely enjoyable activity. The biking wasn't all fun and games though, as we finished the refresher course at the Colo site and then headed up the mountain. It was a 1.8 kilometre ride up the incline, going up about 180 metres in total. It was a very difficult challenge for most, if not all of us riding it. But we were filled with jubilation as we reached the top and saw the view across the Colo Valley.

Up on that mountain we learnt the value of type 2 fun - the kind that isn't as enjoyable during the activity, but rather the joy you experience when looking back at your achievements. The group then took on the challenge of some of the fire trails along the



Henry Worrell boosting off the rock drop

ridgeline of the hills. These took good judgement and maturity in knowing your limits and how to ride them safely. Again, these rides were challenging, but riders like Fletcher Youens and Jack Madden were able to ride them safely and with good judgement.



Dominic Stanley cornering like a pro

Finally, our efforts were rewarded as we rode down the mountain, enjoying almost 2 kilometres of downhill riding. We arrived back at the Joeys site safe, ready for lunch and a rest

ByDavid Talifero



Overnight Expedition and Campout

We set off in the morning and our group of eleven boys (half the camp) walked out off the property. Everyone took turns navigating and our group did exceptionally well and had an incredible pace.

Before we knew it, we were at the top of the year seven lookout and were eating lunch and having a laugh. We had a good break there and kept walking. Between markers 7-10 the group got a bit too comfortable and walked past a few markers but we quickly

noticed and stopped. Before we knew it, we had made it to our campsite.

The group split into out camping groups. My group, consisting of Jack Madden, William Martin and myself. We were well prepared as we had the knowledge of the past campout years behind us. We all pitched tents and put in equal amounts of work making jobs easy and fast.

My favourite part was lying around the campfire and talking

to the fellas. The most challenging part would have been trying to get the dishes and food done before dark. My group did this by doing what needed to be done, resulting in eating in the light.

The campout was very enjoyable for most groups and everyone got on well. I believe everyone excelled at the Social, Individual and Maturity Challenge which resulted in an unforgettable night.

By Finn Mosley

At the end of each camp the students reflect on their experiences at camp in a brief written review. Here are some of their comments:

'The highlight for me was finishing off the hike because it was so long and it felt rewarding to have travelled so far'

'The canoeing was the highlight for me because it allowed us to test ourselves as a team and have a very enjoyable day' 'My favourite part of the camp was the mountain biking, especially the fire trail'

'I loved being out in the bush with my mates because we are always so busy in at school'

'I am proud that I collaborated with new people this week'

'Riding the hill on the mountain bikes was hard but ultimately rewarding'

'I was proud of my social efforts. I encouraged myself to get to know boys that I haven't really talked to'

'Canoeing was great. I was with good mates, surrounded by beautiful scenery and had a good swim at lunch'