## Colo Bulletin

### 7 Colo A

15-19/9/19





Top Right: At the lookout on Mt. Colo Top Left: Ashton Medich on the hike

Bottom Left: Colo River



#### Walk to Colo

It was a bright sunny and hot day but not too hot to go for a hike. It was Monday morning and the bus to Colo had dropped us up to the top of the mountain. We had to hike down to the SJC Colo property. We went through bush and trees and got to the beautiful lookout where we got our first glimpse of the property. I was so excited to be there. We saw many different trees, plants and animals ranging from massive trees to little ants. After a very long walk, we finally reached the Colo River where we had a briefing of what expectations at Colo were and the different challenges we would have to act on. So, we took our shoes and socks off and crossed the last pristine river in New South Wales. After some wet feet and wet socks, we were off to the SJC property. This was a good and fun experience that showed just how good the Australian bush is.

Thanks Walker Courtney



Nicholas Hughes, Kaden Mixter, Jordan Basher and Oliver Bacic

Riding in the rain!

#### **Iountain** Biking

When we woke up on Tuesday morning it was freezing cold and pouring rain. But this would not stop us from mountain biking. Then we got nice and warm so we could enjoy the ride in the rain. So, Everyone gave it a hard go which we started off learning the action position and how to use the gears when going up and down hills. Then we went off and rode some tracks around the property. We had the berms. This was a thrilling a break between riding the bikes to have morning tea. When we got up to the dining room Mr Bolding had got a fire ready to keep us warm.

After we had morning tea we went back out on the bikes to go on other tracks. Mr Walker kept us all safe while all the tracks were really slippery and filled up with water. was good to see. My personal favourite track to ride was "O Deere" because there were a couple jumps and you could go pretty fast through

experience and I really enjoyed it. I am excited to come back next year.

Harry Goff

"Riding in the pouring rain with my mates was the best"

Orienteering is finding the coordinates on a map and locating your check point. Today Jordan and I got to do the orienteering activity. During the activity we had to locate and find where the stamps were. We were given a stamp list and a map. We had to collect five or more stamps which were spread around the area across the map. There were fifteen stamps in total. Orienteering is a very useful and fun activity which can be used to find where abouts you are on the map or where an object is. Orienteering is a very fun and awesome activity.

Today was a great experience. Thank you very much sir.

Regards Edward Ghattas



Out to find the markers!







Alex Fisk on the Burma Bridge



Harrison Goff on low ropes!

#### High Ropes Course

On a crazily wet and muddy Tuesday afternoon, Year 7 Colo A made their way down to the high ropes course after a long session of mountain biking earlier that morning. There were a lot of mixed emotions for everyone heading down to the course, but I wasn't worried because I had done a lot of high ropes before. It was awesome to see all the boys helping out their fellow peers who were taking on the high ropes and giving them their full support. A great example of this was Kaden Mixter who took on his fear of heights on the "Postman's Walk" thanks to the encouraging support of his peers. I was expecting the low ropes course to be really easy but as soon as I hopped on one of the

partner obstacles I fell off with my mate Thomas!!! My favourite obstacle on the low ropes course was the climbing wall as I found it quite challenging. Overall, it was a great experience getting to know some of my classmates a lot better and having great fun playing on the ropes course in the pouring rain with all my mates.

Thanks so much,

Liam Hill

"My favourite activity was the high ropes course because I went further than I expected!"

# At the end of each camp the students reflect on their experiences at camp in a brief written review. Here are some of their comments:

"I am proud of how I was able to do the tree tops and do the higher ones. At first it was a little bit scary but seeing other people do it made me more confident."

"I got to know some boys better and they got to work with them to achieve something."

"I like camping out on the lawn even though the big campout was cancelled."

"Three days before Colo, I didn't know the first thing about bikes. Now, I can ride down the mountain bike tracks. I faced my fear of heights with high ropes."

"When we did High Ropes, it pushed me a lot out of my comfort zone. But I still pushed myself to try two of the high activities."

"I'm proud of my effort when I went mountain bike riding. I think that I really pushed myself."



View from the lookout!

